Patients with chronic kidney disease (CKD) are at higher risk for anemia. Speak to your doctor or another member of your health care team to find out more. Use the chart below to keep track of your test dates and results. Share this with your doctor at your next visit.

Get tested for anemia.
Any questions?

Contact your health care team with any questions. Or contact the American Kidney Fund using the information on the front of this card if you would like more information about kidney disease.

Doctors and researchers are working on potential new treatments for anemia. New treatments in development are tested in clinical trials. If you're interested in joining a clinical trial to try an investigational new treatment, talk to your doctor.

Do you have any other questions or concerns that you want to share with your health care team?

Start by listing them here:  

• Are there any other changes I can make to help control my anemia?
• How will treating anemia fit in with my current CKD treatments?
• Do I need to come to the clinic to get my anemia treatment?
• How do I know which treatment is best for me?
• Are there any side effects from the treatment?
• How will anemia treatment help me?
• How do the treatments work?
• What treatments are available for my anemia?

Get treated

• How often should I be tested for anemia?
• What will the results show?
• How quickly will I get the results?
• How do I find out if I have anemia?

Check your status

• Do anything I can do to reduce my risk of developing anemia?
• Does my risk change or stay the same?
• Is there anything my medical history tells me to have anemia?
• Why does having CKD make me more likely to have anemia?

Learn about your risk

• How can I be sure that my symptoms are due to anemia and not CKD or anything else?
• Do I have anemia?
• What are common symptoms of anemia?
• What causes anemia?