



AWARENESS COMMUNICATION TREATMENT

for Anemia in Chronic
Kidney Disease



Helpline: 1.866.300.2900
(toll free)

Mon-Thurs, 9 a.m. to 5 p.m. EST
Friday, 8 a.m. to 2 p.m. EST

KidneyFund.org/anemia



This campaign is made possible with
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Patients with **chronic kidney disease (CKD)** are at higher risk for anemia. Speak to your doctor or another member of your health care team to find out more. The questions on this card can help you start the conversation.



Get tested for anemia

Use the chart below to keep track of your test dates and results. Share this with your doctor at your next visit:

| Date | Test Result |
|------|-------------|
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| Name of Health Care Team Member | Role | Telephone Number |
|---------------------------------|------|------------------|
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Know more about anemia

- What causes anemia?
- What are common symptoms of anemia?
- I don't have any symptoms. Does that mean I don't have anemia?
- How can I be sure that my symptoms are due to anemia and not CKD or anything else?

Learn about your risk

- Why does having CKD make me more likely to have anemia?
- Is there anything in my medical history that increases my risk of anemia?
- Does my risk change or stay the same?
- Is there anything I can do to reduce my risk of developing anemia?

Check your status

- How do I find out if I have anemia?
- How quickly will I get the results?
- What will the results show?
- How often should I be tested for anemia?

Get treated

- What treatments are available for my anemia?
- How do the treatments work?
- How will treatment help me?
- Are there any side effects from the treatment?
- How do I know which treatment is best for me?
- Do I need to come to the clinic to get my anemia treatment?
- How will treating anemia fit in with my current CKD treatment?
- Are there any other changes I can make to help control my anemia?



Doctors and researchers are working on potential new treatments for anemia. New treatments in development are tested in clinical trials. If you're interested in joining a clinical trial to try an investigational new treatment for anemia, talk to your doctor.

Contact your health care team with any questions. Or contact the American Kidney Fund using the information on the front of this card if you would like more information about kidney disease.

Any questions?

A series of horizontal dotted lines for writing, intended for a patient to list their questions.

Do you have any other questions or concerns that you want to share with your health care team?

Don't be afraid to speak up – ask as many questions as you need to.

Start by listing them here: