Flu Season Is Here
Get Vaccinated Today

Who should get the vaccine?

EVERYONE 6 MONTHS AND OLDER

- It is especially important to get the vaccine if you, someone you live with, or someone you care for is at high risk of complications from the flu.

PEOPLE AT HIGH RISK

- Children & Infants
- Pregnant Women
- Seniors
- People with Disabilities
- People with Health Conditions
- Travelers & People Living Abroad

How should I get the vaccine?

FLU SHOT

- Made with inactivated (killed) flu virus
- Given by needle
- Approved for use in healthy people older than 6 months and people with chronic health conditions

NASAL SPRAY

- Made with weakened live flu virus
- Given with a mist sprayed in your nose
- Approved for healthy people between the ages of 2 and 49, except pregnant women

Can I get the flu from the vaccine?

NO, YOU CAN'T GET THE FLU

- The flu vaccine protects you from the flu, not the common cold. But you may experience some side effects.

MILD REACTIONS

- Such as soreness, headache, and fever are common side effects of the flu vaccine.

When should I get the vaccine?

- Get your flu shot or spray today. Flu season usually peaks in January or February, but it can occur as late as May. EARLY IMMUNIZATION IS THE MOST EFFECTIVE, but it is not too late to get the vaccine in December, January or beyond.

Where can I get the vaccine?

- Visit FLU.GOV and use the FLU VACCINE FINDER.