

4 IMPORTANT FACTS about Hispanics and kidney disease



15% of Hispanics estimated to have kidney disease

Kidney disease usually has no symptoms until it is very far along, and the Centers for Disease Control (CDC) estimates that **96% of people with early kidney disease** are not aware of it.



Hispanics have higher rates of diabetes

Diabetes causes nearly half of all cases of kidney failure, and Hispanics are at greater risk for diabetes than non-Hispanics. The CDC says that more than **50% of Hispanic men and women will develop type 2 diabetes**, compared with 40% of non-Hispanics.



Hispanics are 35% more likely to develop kidney failure

Compared to non-Hispanics, Hispanics have higher rates of kidney failure. This is in part due to having higher rates of diabetes and high blood pressure, the two leading causes of kidney disease and kidney failure. The American Heart Association estimates nearly 1 in 3 Hispanic adults has high blood pressure.



Hispanics are less likely to have pre-dialysis kidney care

22% of patients diagnosed with kidney failure in 2015 had never seen a nephrologist. **Among Hispanics, the number was 27%**. If kidney disease is diagnosed and caught early, it can be treated to slow down or stop the progression to kidney failure.