

# Kidney Disease in Houston

1 in 3 Americans is at risk for kidney disease. Are you?

## COMMON RISK FACTORS



Diabetes



High blood pressure



Family history of kidney disease

### Race/ethnicity



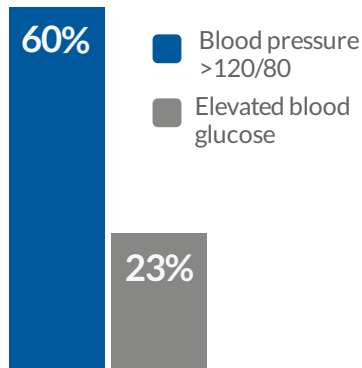
African-American  
Asian-American  
Native American  
Hispanic

60

Over age 60

## Houston by the numbers

Of the people we screened in Houston last year...



Houston

In 2014, AKF gave  
**Houston dialysis patients \$4.3 million**  
in grants to access lifesaving health care

**42,201**  
Texas residents  
are on dialysis

Source: 2014 USRDS Annual Report

AKF provided  
**over \$31 million**  
in grants  
to Texas dialysis patients last year

## Take control of your health on Kidney Action Day!



Free health screenings by medical professionals



Free healthy cooking demos and food tastings



Fun, interactive fitness sessions



Family-friendly entertainment and fun for kids



Follow-up services and resources

Join us at  
**Kidney Action Day**

Sunday, Oct. 4, 2015  
10 a.m. - 3 p.m.

**Discovery Green**  
1500 McKinney St.  
Houston, TX 77010

