

Kidney Disease in Memphis

1 in 3 Americans is at risk for kidney disease. Are you?

COMMON RISK FACTORS

Kidney disease usually has **no symptoms** until the late stages. The only way to know how well your kidneys are working is to **get tested**.



Diabetes



High blood pressure



Family history of kidney disease



Obesity



Race/ethnicity
African-American
Asian-American
Hispanic
Native American

60+

Over age 60

KNOW YOUR RISKS!

Memphis by the numbers

Diabetes and high blood pressure cause almost 3 out of every 4 cases of kidney failure.

13.1%

diagnosed with diabetes in TN

36.6%

diagnosed with high blood pressure in TN

32.8%

BMI in obese range in TN

SOURCE: Centers for Disease Control and Prevention BRFSS Prevalence & Trends Data

A snapshot of kidney failure: Greater Memphis

5,171 people living with kidney failure

1,057 have transplants

4,114 depend on dialysis to stay alive

>2,700 new cases of kidney failure diagnosed in Tennessee annually

598 kidney transplants in Tennessee in 2018

Sources: USRDS RenDER and OPTN

The American Kidney Fund is a lifeline for dialysis and transplant patients in Greater Memphis

765

Memphis area dialysis patients turned to AKF for grants

in 2018 to help them afford lifesaving health care, including dialysis and transplantation.

Greater Memphis dialysis patients who cannot afford their health care depend on AKF's charitable assistance

\$3 million in grants

in 2018 paid for health insurance premiums, prescription drugs, nutritional products, transportation, emergency expenses and other expenses not covered by insurance.

Get to know your kidneys at Kidney Action Day!



Get tested!
Free screenings by health professionals



YUM!
Free healthy cooking demos and food tastings



Get moving!
Fun, interactive fitness sessions



Enjoy!
Family-friendly entertainment and fun for kids



Get help!
Follow-up services and local resources



knowYOURKIDNEYS

Join us!

KIDNEY ACTION DAY

Saturday, September 7

Noon - 5 p.m.

Handy Park

200 Beale St., Memphis, TN 38103

ALL ARE WELCOME

KidneyFund.org

1-800-638-8299

FREE!



Memphis Kidney Action Day is generously supported by sponsors who share our passion for preventing kidney disease.

National Presenting Sponsors: Satellite Healthcare, U.S. Renal Care

National Screening Partner: AnyLabs