

# 2015 KIDNEY DISEASE STATISTICS

Kidney disease is the **9<sup>TH</sup> leading cause of death** in the United States.<sup>1</sup> An estimated **31 million people** in the United States (10% of the adult population) have chronic kidney disease (CKD).

**9 out of 10** people who have stage 3 CKD (moderately decreased kidney function) do not know it.<sup>3</sup>

CKD is more common among women, but **men with CKD are 50% more likely** than women to have their CKD turn into kidney failure (also called end-stage renal disease or ESRD).<sup>4</sup>

Some **racial and ethnic groups are at greater risk** for kidney failure. Compared to whites, the risk for **African Americans** is almost 4 times higher, **Native Americans** is 1.5 times higher, **Asians** is 1.4 times higher. Compared to non-Hispanics, **Hispanics** are almost 1.5 times as likely to be diagnosed with kidney failure.<sup>5</sup>

## Leading Causes of Kidney Failure

### 1 Diabetes is the leading cause of kidney failure.

Diabetes causes **44%** of all new cases of kidney failure. In 2012 it was the primary cause for **239,837** kidney failure patients.<sup>2</sup>

An estimated **29.1 million** people have diabetes; **8.1 million** of them don't know they have it.<sup>8</sup> About **40%** of people with diabetes will get CKD.<sup>7</sup>

African Americans with diabetes are **3.5 times more likely** than whites to get kidney disease.<sup>2</sup>

Most people (**69%**) participating in a 2011 nationwide survey by the American Kidney Fund could not name diabetes as a leading cause of kidney disease, despite the fact that over half (**55%**) had a loved one with diabetes.<sup>9</sup>

### 2 High Blood Pressure is the 2<sup>ND</sup> leading cause of kidney failure.

High blood pressure (HBP) causes **28.4%** of all new cases of kidney failure. In 2012 it was the primary cause for **159,049** kidney failure patients.<sup>2</sup>

An estimated **70 million (29%)** people have HBP – that is every 1 in 3 American Adults.<sup>10</sup>

Most people (**85%**) participating in a 2011 nationwide survey by the American Kidney Fund could not name high blood pressure as a leading cause of kidney disease, yet most of them (**75%**) had a loved one with high blood pressure.<sup>9</sup>

