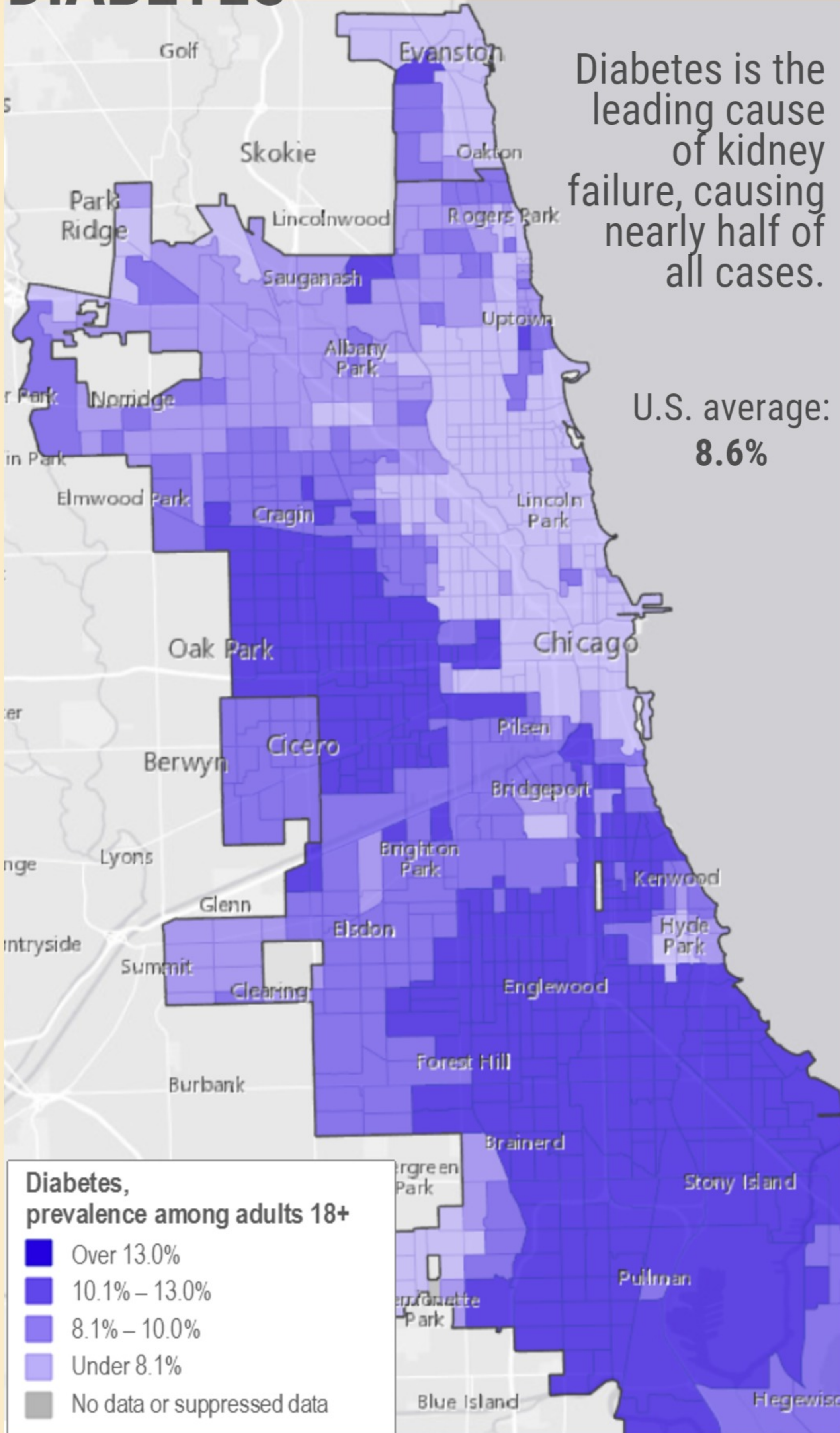
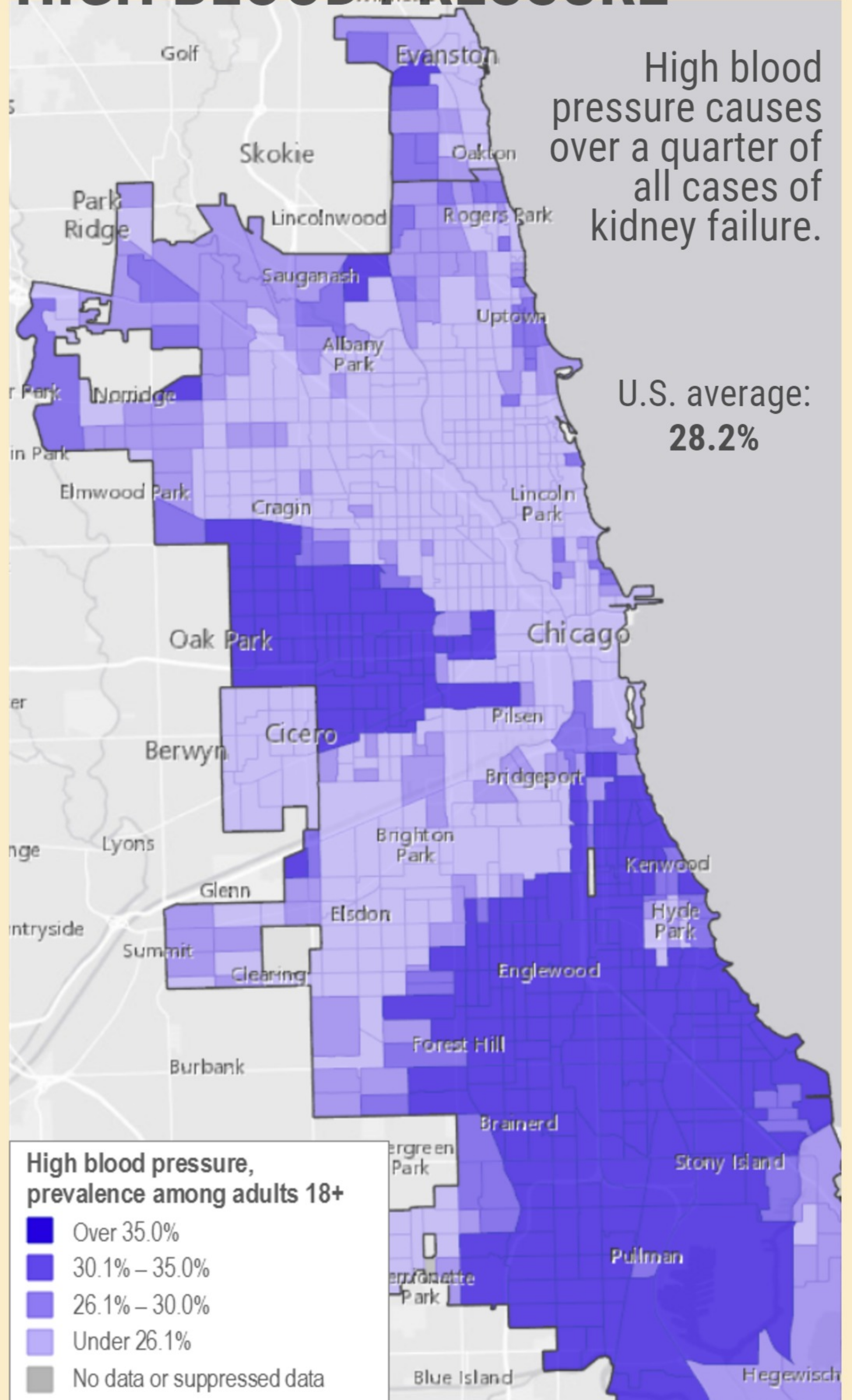


Chronic disease in Chicago: City at risk for kidney disease

DIABETES



HIGH BLOOD PRESSURE



Source: Community Commons

Together, **diabetes and high blood pressure cause almost 3 out of every 4 cases of kidney failure.** Both conditions can damage the kidneys over time, causing chronic kidney disease--permanent damage to the kidneys. Other risk factors for kidney disease include having a family history of the disease, being over age 60, and being African-American, Hispanic, Native American or Asian.

Kidney disease typically has no symptoms until the late stages. Keeping diabetes and high blood pressure under control, and regular testing for kidney health (simple blood and urine tests) are the best ways to prevent kidney disease and kidney failure.