Kidney Disease in California

1 in 3 Americans is at risk for kidney disease. Are you?

COMMON RISK FACTORS

- Diabetes
- High blood pressure
- Family history of kidney disease
- Obesity
- Race/ethnicity
  - African-American
  - Asian-American
  - Hispanic
  - Native American

OVER 60%

KNOW YOUR RISKS!

California by the numbers

- 8.1% California adults diagnosed with diabetes
- 26.2% diagnosed with high blood pressure
- 22.5% self-report obese

SOURCE: Community Commons Community Health Needs Assessment

A snapshot of kidney failure: California

- 94,436 people living with kidney failure
- 25,597 have transplants
- 68,839 depend on dialysis to stay alive
- >14,700 new cases of kidney failure diagnosed in California annually
- 2,557 kidney transplants in California in 2018

SOURCES: USRDS 2018 Annual Data Report
Organ Procurement and Transplantation Network

The American Kidney Fund is a lifeline for dialysis and transplant patients in California.

4,440 California patients turned to AKF for grants in 2018 to help them afford lifesaving health care, including dialysis and transplantation.

California patients who cannot afford their health care depend on AKF's charitable assistance:

$14.9 million in grants in 2018 paid for health insurance premiums, prescription drugs, nutritional products, transportation, emergency expenses and other expenses not covered by insurance.

Get to know your kidneys at Kidney Action Day!

- Get tested! Free screenings by health professionals
- YUM! Learn kidney-friendly nutrition tips
- Get moving! Fun, interactive fitness sessions
- Enjoy! Family-friendly entertainment and fun for kids
- Get help! Follow-up services and local resources

Join us!

KIDNEY ACTION DAY
Sunday, April 7
Noon - 5 p.m.
San Jose Flea Market
1590 Berryessa Road, San Jose, CA 95133
ALL ARE WELCOME
KidneyFund.org
1-800-638-8299

FREE!

San Jose Kidney Action Day is generously supported by sponsors who share our passion for preventing kidney disease.
Lead Sponsor: Satellite Healthcare
National Screening Partner: Any Lab Test Now