

# Slowing down kidney disease

## Q & A session cont.

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What is the difference between CKD and PKD? Are there differences in the treatment of each condition?

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Is it smart to replace some animal protein with other protein sources when you have CKD?

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# Can primary aldosteronism cause CKD?

Does long term use of Primolut N  
cause CKD?

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Do you have suggestions for how to stay hydrated even when you aren't thirsty or don't like to drink water?

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I received a lab result that shows I am in CKD stage 3b. I don't have high blood pressure or diabetes. Do you recommend seeing a nephrologist or dietitian at this point?

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Does using the medicine Gabapentin  
increase my risk of getting CKD?



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Do you know the breakdown  
(percentage) of CKD by stage?  
Meaning, what percent of people with  
CKD are in stage 1, 2, 3, 4, and 5?

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Does severe stress such as work related stress affect the kidneys?

What are renal calculi, and can this  
lead to CKD?

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The American Heart Association  
recommends less than 1500mg of sodium  
per day for people with high blood pressure  
– do you agree with this recommendation?

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At what point do you recommend dialysis? More specifically, at what creatinine/GFR level, assuming an otherwise healthy patient?

After starting a low-salt diet, my blood pressure has averaged 114/80. Is this too low?

# Thank you!

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