

# Take Charge of Your Health!

**Free** Health Screenings • Giveaways  
Kidney Information

Thursday, October 22, 2009  
10am – 2pm  
AKArama Foundation, Inc.  
6220 S. Ingleside  
Chicago, IL 60637



The American Kidney Fund will provide a **free medical screening** to check for indicators of kidney health, heart health, diabetes, and other important health measures.

The screening is **open to anyone 18 and older**. An 8-hour fast before the testing will give the most accurate results.

**For more information please contact:**

Courtney Nicholas - Associate Director  
Minority Health Programs  
Phone: 312-224-8172  
Email: [cnicholas@kidneyfund.org](mailto:cnicholas@kidneyfund.org)  
Online: [www.kidneyfund.org/get-tested](http://www.kidneyfund.org/get-tested)

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Minority Intervention &  
Kidney Education



A Program of the  
American Kidney Fund