

## **Take Action for Your Health**

Join the fight to prevent kidney disease and Pair Up with the American Kidney Fund at Kidney Action Day. Bring your friends and family to this fun-filled, family-friendly event. Kidney Action Day is free and open to the public.

**Screenings** & Education



- Free kidney health screenings\*
   Blood pressure, blood glucose, kidney function and other health screenings
   \*while supplies last.
- Healthy food samples
- Entertainment
- Interactive fitness demos

## Connect with us:

- f /AmericanKidneyFund
- /KidneyFund

## For more information, contact:

Janis Contreras | 301.984.5053 | jcontreras@kidneyfund.org

National Sponsor:



Lead Regional Sponsor:

U.S. RENAL CARE



www.**KidneyFund**.org