

## Diabetes? High blood pressure? You could be at risk.

Millions of Americans have kidney disease.  
Millions more are at risk.  
Many have no idea.

**If you have  
diabetes or high blood pressure,  
this session is for you.**

**Learn what you can do  
to protect your kidneys!**

KIDNEY HEALTH

 **Learn it!**

Date: \_\_\_\_\_

 **Check it!**

Time: \_\_\_\_\_

 **Live it!**

Place: \_\_\_\_\_

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