

Diabetes? High blood pressure? You could be at risk.

Millions of Americans have kidney disease.
Millions more are at risk.
Many have no idea.

**If you have
diabetes or high blood pressure,
this session is for you.**

Learn what you can do to protect your kidneys!

KIDNEY HEALTH



Learn it!

Date: _____



Check it!

Time: _____



Live it!

Place: _____