## **QUICK FACTS**

About kidney disease





Diabetes and high blood pressure account for 3 out of 4 of all new cases of kidney disease.

people who have kidney disease do not even know that they have it



**37 million Americans** are living with kidney disease



There are often **no early symptoms** of kidney disease.







The only way to know if you have kidney disease is through a blood and urine test.



Kidney disease can increase your risk for heart disease.





There is **no cure for chronic kidney disease**.







Healthy eating, physical activity, limiting alcohol and avoiding tobacco products can prevent progression of kidney disease



