A patient’s perspective: Be your own advocate

Eric Sebastian Dolby, Sr.
Thanks to our speaker!

- Patient advocate
- Registered nurse for 14 years
- Kidney transplant recipient
- Advocates on behalf of kidney patients at local, state, and national level
Walk us through your journey with kidney disease. Start with when your experience with kidney disease began and go up to where you are today.
• When do you think the ‘switch’ happened when you started taking an active role in your health care?
Was there ever a time you felt uncomfortable taking an active role in your health care or speaking up about your needs? How did you overcome the fear?
Your experience as a patient has been unique because of your background as a nurse. What would you recommend to people who don’t have that background?
Can you describe a specific time when you advocated for yourself or for other patients in the dialysis setting?
Some patients find it difficult to speak up and express their needs to doctors or other health care professionals. What advice would you give them?
• We know that dialysis center staff are stretched thinly. How can you make the most of the little time you have with them?
Kidney patients are unique because they often have to coordinate their health care with several different doctors. Was this ever a challenge for you, and how did you overcome it?
• If you could give advice to a nephrologist or dialysis nurse about making patients feel more comfortable, what would you recommend?
• What was your experience with getting listed for a transplant, and then eventually receiving a kidney transplant?
• Now that you have had a transplant, are there new or different ways you have needed to advocate for yourself?
• Do you have any final recommendations?
Questions?
Join us for next month’s webinar!
Wednesday, April 26, 1-2 p.m. (ET)

“Saying no to dialysis: choosing conservative care for end-stage kidney disease”

Join us to learn about:
• The conservative care options for end-stage kidney disease.
• Considerations for patients or their family members when making the decision to choose conservative care.

Go to www.KidneyFund.org/webinars to learn more and register!