

## **Humanizing Dialysis**

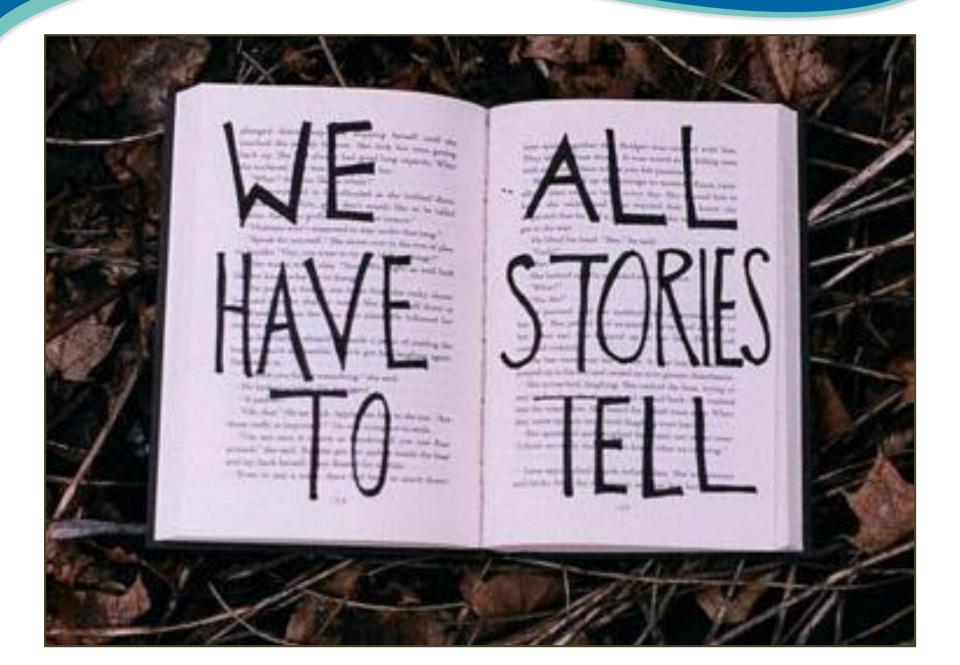
Individualized ESRD Care: One Patient at a Time

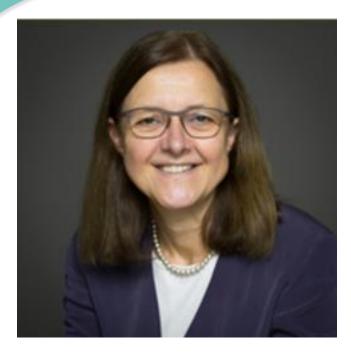


**Brigitte Schiller**, MD, FACP, FASN Chief Medical Officer



## Good afternoon and thank you for joining us today





Brigitte Schiller, MD

### Nephrologist

- Trained in Germany and the US
- Private practice, academia and research
- Wife
- Mother of two boys
- Free time
  - Working out
  - Listening to music
  - Cooking and gardening
  - Traveling with my family



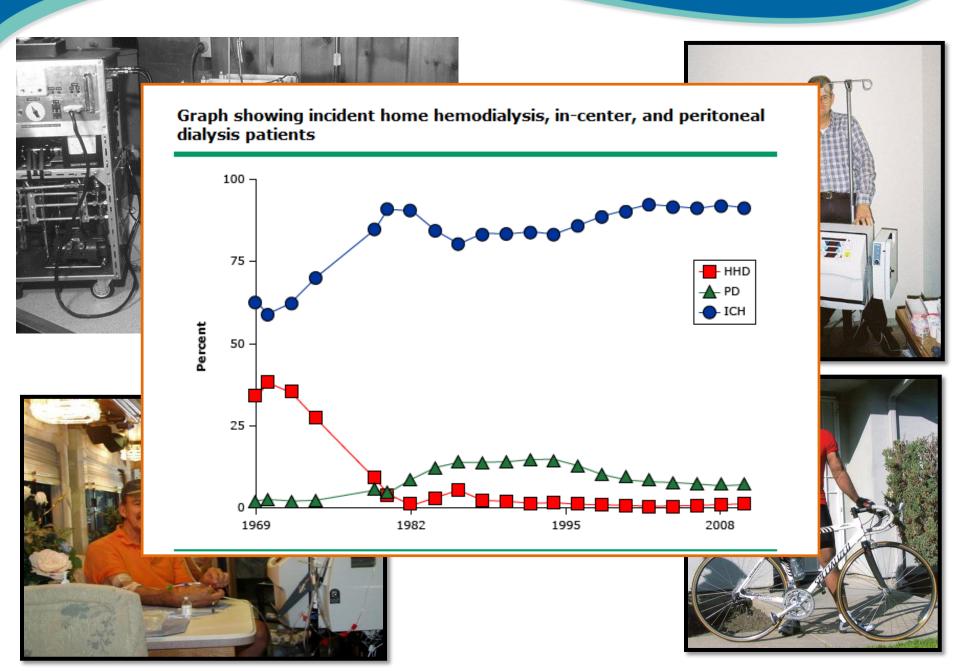
## Each Patient Has A Story





**Every Patient Has A Dream** 





## The majority of patients undergo hemodialysis in center, three times per week

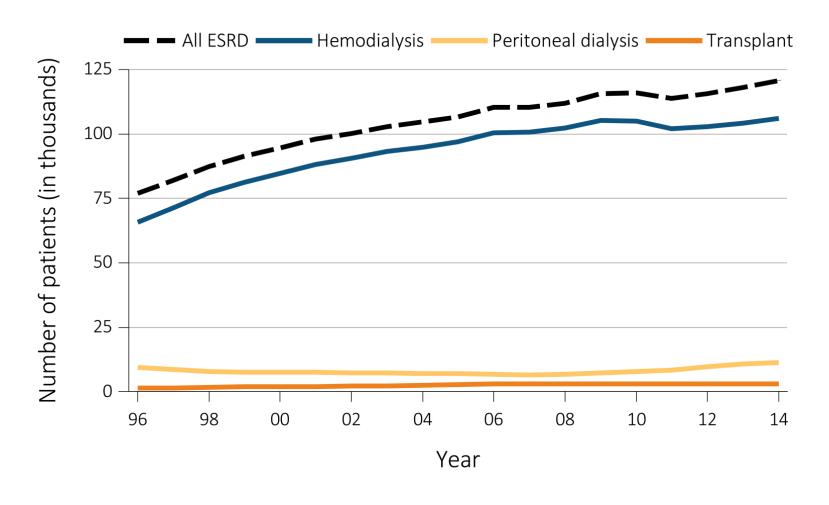
Center HD – 89%

Peritoneal Dialysis – 10%

Home HD – 1.5%



#### More than 100,000 Patients Start HD Each Year





- Are we all the same?
- 90% of all people on this call will all make the same decision about a life-saving therapy?
- Are there really only 10% who may benefit from alternative therapies?

Unlikely!



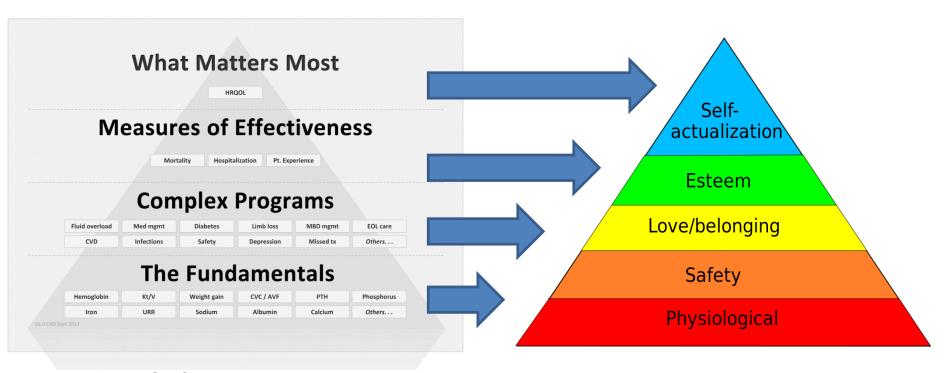
## The Purpose of Dialysis?

To live and have the best quality of life possible



## The similarities ......

#### Quality Care and Maslow's Hierarchy of Needs



Nissenson, A: CJASN 2014

"Ways to raise patients with CKD to higher levels of the hierarchy of needs and to support and sustain in their efforts to improve their care..."

> How is the patient helping others through family, community, or church activities, or other outreach efforts? Self-transcendence Self-actualization: Is the patient utilizing his full potential and skill set, or has this been put on hold due to CKD? Esteem: What makes the patient feel good about herself? Does he feel valued? Love and Belonging: Has the patient suffered as a result of loss of family, relationships, or work? Safety Needs: Does the patient feel safe with all aspects of his care (dialysis, doctors, surgeon, previous hospitalizations)? Physiological Needs: Is the patient depressed? Is she overcoming a major surgery or life change?

## Humanizing Dialysis

"Adequate dialysis means dialysis to make me feel as normal as I can, for doctors, it's a reduction ratio"



## Dialysis is not all EQUAL!





## **Stories**

From Patients undergoing dialysis:

Eager to live the lives they were meant to live!



Meet Annette and get ready to be inspired!





Meet Annette and get ready to be inspired!



## Individualized ESRD Care – One Patient at a Time: Annette Has a Full Life



Help our patients live their best lives



Cycle of Chronic Kidney Disease.

Coordination of care

Best modality at a time



Tailor our care

To the needs of the patient Enable to do what is important for her/him



## Individualized ESRD Care – One Patient at a Time Annette Has Hope











#### Meet Patrick and witness life at its fullest!







#### Meet Patrick and witness life at its fullest!





# Education to make patients feel comfortable to do home therapies

We provide dialysis, so patients can live the life they are hoping for



## We have come a long way.

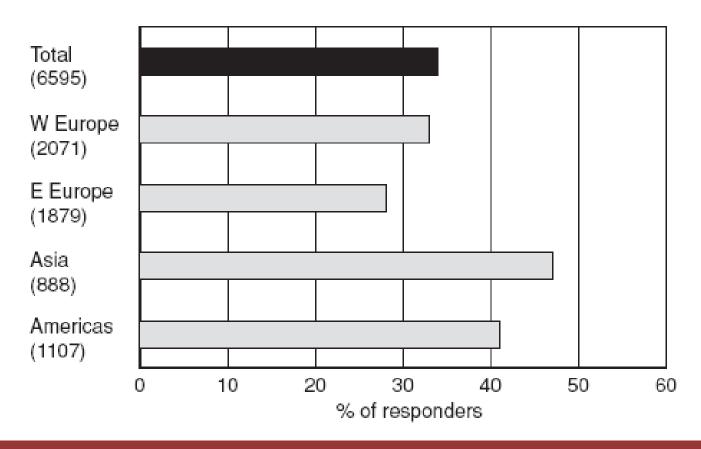
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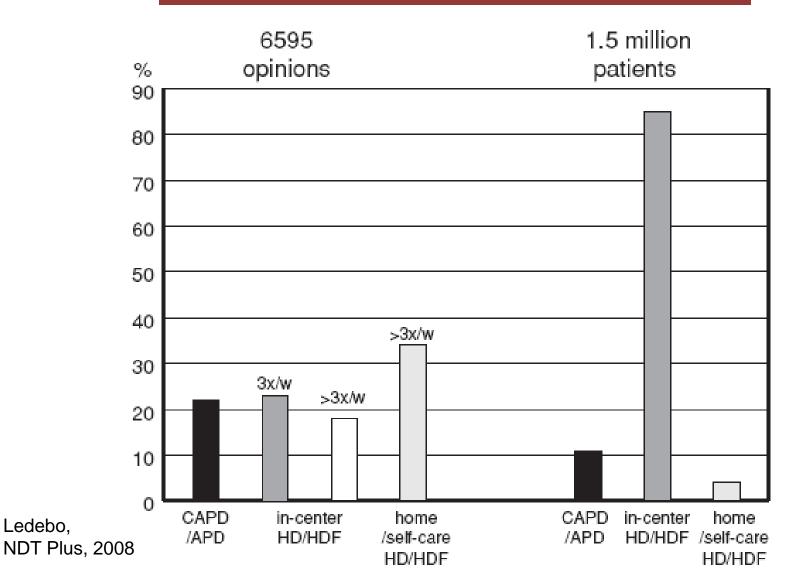
#### There is a stark contrast between what we think is the best therapy for ESRD and what is delivered



Home/self-care HD/HDF >3 times/week'



### Opinion versus Reality



Ledebo,



Meet Elias and his remarkable family



## Individualized patient care brings hope and allows for a full life.



## I hope that you all have found the therapy that is best for you

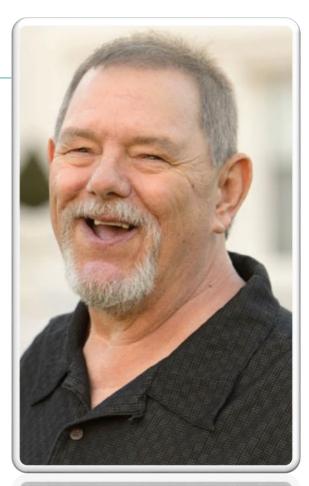
If you don't feel well with your current therapy, speak to your physician!



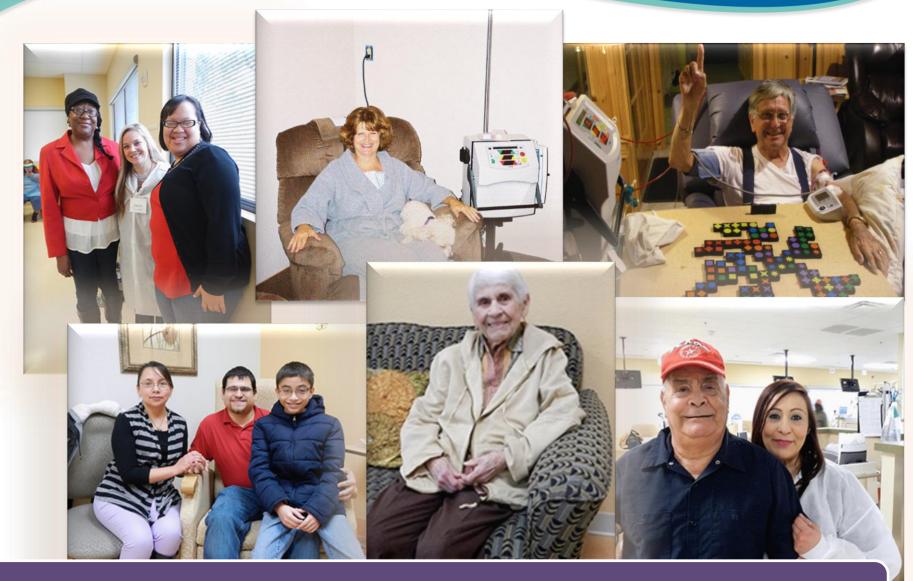
"Spending time with my grandkids is the best!"



"I love to dance with my husband."



"I can't wait to go camping and fish all day."



Love is the secret ingredient to quality care.

## Individualized dialysis care is needed one patient at a time!

