Slowing down kidney disease
Q & A session cont.

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What is the difference between CKD and PKD? Are there differences in the treatment of each condition?
Is it smart to replace some animal protein with other protein sources when you have CKD?
Can primary aldosteronism cause CKD?
Does long term use of Primolut N cause CKD?
Do you have suggestions for how to stay hydrated even when you aren’t thirsty or don’t like to drink water?
I received a lab result that shows I am in CKD stage 3b. I don’t have high blood pressure or diabetes. Do you recommend seeing a nephrologist or dietitian at this point?
Does using the medicine Gabapentin increase my risk of getting CKD?
Do you know the breakdown (percentage) of CKD by stage? Meaning, what percent of people with CKD are in stage 1, 2, 3, 4, and 5?
Does severe stress such as work related stress affect the kidneys?
What are renal calculi, and can this lead to CKD?
The American Heart Association recommends less than 1500mg of sodium per day for people with high blood pressure – do you agree with this recommendation?
At what point do you recommend dialysis? More specifically, at what creatinine/GFR level, assuming an otherwise healthy patient?
After starting a low-salt diet, my blood pressure has averaged 114/80. Is this too low?
Thank you!