



### 1 in 7

American adults is living with kidney disease.

## 1 in 3

U.S. adults is at risk for kidney disease.

# Programs & Services of the American Kidney Fund

The American Kidney Fund (AKF) fights kidney disease and helps people live healthier lives.



815,000+

Americans are on dialysis or living with a kidney transplant

AKF works on behalf of the 1 in 7 Americans living with kidney disease, and the millions more at risk, with an unmatched scope of programs that support people wherever they are in their fight against kidney disease—from prevention through transplant.

#### Prevention and early detection

Know Your Kidneys™: A roadmap toward better kidney health through three pathways—Know Your Kidneys, Know Your Cause and Know Your Plan. Whether looking to learn about kidney disease and prevention, discover the cause of one's kidney disease, or understand treatment options, the Know Your Kidneys initiative supports people on their journey together toward better kidney health. Visit: kidneyfund.org/know-your-kidneys

**Kidney Health Coach®:** A free community health education program that provides people with the knowledge and tools to educate others about preventing and managing kidney disease. Continuing education credits are available for eligible professionals. Visit: kidneyfund.org/khc



9 in 10 people with early stage kidney disease do not know they have it.

#### **Direct financial assistance**

AKF enables better health outcomes with direct, treatmentrelated financial support that ensures access to care, making a tangible and lasting impact in nearly 70,000 Americans' lives each year, on average.

**Health Insurance Premium Program:** Provides access to lifesaving medical care for low-income dialysis and transplant patients by ensuring these individuals can maintain their health insurance coverage. Each month, AKF helps more than 130 people get off dialysis by providing financial assistance that makes transplants possible.



**Safety Net Program:** Provides grants to help people with health care expenses that are not covered by insurance, including transportation to dialysis, over-the-counter medicines, copays and other needs.

**Disaster Relief Program:** The nation's only rapid-response program that provides emergency financial assistance to dialysis and recent transplant patients in the wake of natural disasters. Grants are used for transportation, temporary housing, kidney-friendly foods, medicines and replacing personal essentials.







#### **How the American Kidney Fund Can Help**



# Kidney disease resources and programs

**Kidney Action Week®:** The only free, online conference in the nation in which people with kidney disease, health professionals, caregivers, advocates and others come together to connect and attend empowering educational sessions that provide them with the knowledge and tools they need to take charge of their kidney health. Visit: kidneyfund.org/kidneyactionweek

Health education campaigns: AKF develops multifaceted health campaigns designed to empower people with kidney disease, their caregivers and the public to raise awareness about kidney disease, its treatments, prevention and associated conditions. Visit: kidneyfund.org

Kidney Health for All™: Everyone deserves to be as healthy as they can, no matter where they live, what language they speak or the color of their skin. But in kidney disease, race and ethnicity play a significant role. Kidney Health for All engages solutions that can tackle kidney disease disparities head-on. Visit: kidneyhealthforall.org

**Educational webinars:** Free webinars led by experts who provide information and practical advice on a variety of topics important to people with kidney disease. Webinars are suited for people living with kidney disease, their loved ones and professionals who care for kidney patients.

Visit: youtube.com/kidneyfund

**Kidney Kitchen®:** An award-winning nutrition website that focuses on the basics of cooking and healthy eating with kidney disease. Kidney Kitchen provides easy to understand nutritional information and resources to assist with kidney-friendly eating. Visit: kitchen.kidneyfund.org

**Camp Connections Program:** A monthly virtual camp night for pediatric kidney patients across the country. These virtual camp nights are free of charge and provide children with a break from dialysis, hospitals, and their illness. Visit: kidneyfund.org/camp-connections

#### **Advocacy**

Advocacy Network: AKF works on Capitol Hill and in the states to advance legislation and public policy important to people with kidney disease and living argan denote. More than 36 000 AKE Ambaggadore.

living organ donors. More than **36,000** AKF Ambassadors—passionate patients, caregivers, family members, living organ donors and renal professionals—work with AKF to make kidney disease a national priority. Visit: kidneyfund.org/advocacy-network



## Professional education and research

Clinical Scientist in Nephrology (CSN) Fellowship: Since 1989, this highly competitive fellowship has funded the research of more than **50** early-career nephrologists dedicated to furthering advancements in the prevention and treatment of renal disorders and the quality of care provided to people living with kidney disease. Visit: kidneyfund.org/csn

Continuing education (CE/CME): Free, accredited, online CE and CME courses address critical topics related to kidney disease and are designed to meet continuing education requirements for prescribers and allied health professionals. All courses are developed and peer reviewed by renal subject matter experts. Visit: kidneyfund.org/cme

Kidney Kitchen Pro™: A centralized digital resource where dietitians can build custom toolkits and meal plans, access nutrition-related resources, share information directly with patients and stay up to date on kidney disease research and nutrition-related news. Visit: kidneyfund.org/k-pro

**Professional webinars:** AKF's free professional-facing webinars are hosted by leading renal experts on critical topics relevant to those who work directly with patients, as well as clinical researchers.

**Professional conference:** AKF showcases its latest resources and highlights educational tools at exhibit booths at national conferences. Expert-led roundtable sessions and ancillary events provide an opportunity to connect with clinicians and amplify a variety of renal topics. AKF staff welcome the opportunity to network at the exhibit booth with professionals and industry partners.



#### **Contact Us!**

**Phone:** Call us at 800-638-8299 to speak with a live representative.

Visit KidneyFund.org to learn more, stay connected, sign up for email updates and find more resources.



**SCAN HERE** for more information

CFC# 11404 1-800-638-8299, PRESS 1 TWICE







