

# 4 IMPORTANT FACTS about Hispanics and kidney disease

1  
**14%**

## 14% of Hispanics estimated to have kidney disease

Kidney disease usually has no symptoms until it is very far along, and the Centers for Disease Control (CDC) estimates that **96% of people with early kidney disease** are not aware of it.



## Hispanics have higher rates of diabetes

Diabetes is the top cause of kidney failure, causing 38% of all new cases. Hispanics are at greater risk for diabetes than non-Hispanics. The CDC says that more than **50% of Hispanics will develop type 2 diabetes**, compared with 40% of non-Hispanics.

3  
**1.6x**

## Hispanics have higher rates of kidney failure

Compared to non-Hispanics, Hispanics are 1.6 times more likely to develop kidney failure. This is in part due to having higher rates of diabetes and high blood pressure, the two leading causes of kidney disease and kidney failure. **Hispanic adults are at an increased risk high blood pressure.**



## Hispanics are less likely to have pre-dialysis kidney care

More than **35% of people** diagnosed with kidney failure have received little or no pre-dialysis care. **Hispanics are less likely to receive pre-kidney failure care than non-Hispanics.** If kidney disease is diagnosed and caught early, it can be treated to slow down or stop the progression to kidney failure.