

# Programs & Services

## of the American Kidney Fund

The American Kidney Fund (AKF) fights kidney disease and helps people live healthier lives.

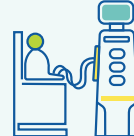


**37 million**

Americans are living with kidney disease.

**1 in 3**

U.S. adults is at risk for kidney disease.



**800,000+**

Americans are on dialysis or living with a kidney transplant

AKF works on behalf of the 37 million Americans living with kidney disease, and the millions more at risk, with an unmatched scope of programs that support people wherever they are in their fight against kidney disease—from prevention through transplant.

### Prevention and early detection

**Kidney Action Week:** A weeklong, virtual kidney disease awareness and education event that empowers people with kidney disease and their caregivers to advocate for better health outcomes and have more effective conversations with their doctors.

Kidney Action Week brings together top nephrologists, dietitians, patients, caregivers and other experts who provide information, tools and resources on preventing or slowing down the progression of kidney disease. Participants can choose from a week-long schedule of events focusing on prevention, dialysis, transplantation, disease management, nutrition and other kidney health-related topics.



**96%** of people with early stage kidney disease do not know they have it. Kidney disease can be detected through simple blood and urine tests.

### Direct financial assistance

AKF enables better health outcomes with direct, treatment-related financial support that ensures access to care, making a tangible and lasting impact in nearly 75,000 Americans' lives each year.

**Health Insurance Premium Program:** Provides access to lifesaving medical care for low-income dialysis and transplant patients by ensuring these individuals can maintain their health insurance coverage. Each month, AKF helps 147 people get off dialysis by providing financial assistance that makes transplants possible.



**1 in 7** Americans living with kidney failure receive financial support from AKF

**Safety Net Program:** Provides grants to help people with health care expenses that are not covered by insurance, including transportation to dialysis, over-the-counter medicines, copays and other needs.

**Disaster Relief Program:** The nation's only rapid-response program that provides emergency financial assistance to dialysis and recent transplant patients in the wake of natural disasters. Grants are used for transportation, temporary housing, kidney-friendly foods, medicines and replacing personal essentials.

## AKF's Programs & Services



### Public education and disease management resources

**Kidney Health Coach®:** A free community health education program that provides people with the knowledge and tools to educate others about preventing and managing kidney disease. Continuing education credits are available for eligible professionals.

**Health education campaigns:** AKF develops multifaceted health campaigns designed to empower people with kidney disease, their caregivers and the public to raise awareness about kidney disease, its treatments, prevention and associated conditions, ultimately driving positive change.

**KidneyFund.org:** Award-winning website that provides accurate, up-to-date and straightforward information on conditions and diseases affecting the kidneys, along with detailed information about dialysis treatment options, transplant, kidney-friendly eating and more.

**Educational webinars:** Free webinars led by experts who provide information and practical advice on a variety of topics important to people with kidney disease. Webinars are suited for people living with kidney disease, their loved ones and professionals who care for kidney patients.

**Kidney Kitchen®:** [KidneyFund.org/kitchen](http://KidneyFund.org/kitchen) is an award-winning, nutrition website that focuses on the basics of cooking and healthy eating with kidney disease. Kidney Kitchen provides easy to understand nutritional information and resources to assist with kidney-friendly eating.

**Kidney Kitchen Pro™:** A centralized digital resource for dietitians who work with people who have or are at risk for kidney disease. Dietitians can build custom toolkits and meal plans, access nutrition-related resources, share information directly with patients, and stay up to date on kidney disease research and nutrition-related news.



### Professional education and research

**Clinical Scientist in Nephrology (CSN):** Since 1989, this highly competitive research program has funded more than **50** nephrologists dedicated to improving the quality of care provided to people with kidney disease. CSN fellows conduct prevention and outcomes research while receiving advanced training in essential skills such as medical ethics, biostatistics and epidemiology.

**Continuing education (CE/CME):** Free, accredited, online CE and CME courses address critical topics related to kidney disease and are designed to meet continuing education requirements for prescribers and allied health professionals. All courses are developed and peer reviewed by renal subject matter experts.

**Professional webinars:** AKF's free professional-facing webinars are hosted by leading renal experts on critical topics relevant to those who work directly with patients, as well as clinical researchers. Webinars are aimed at professionals in the renal community and provide current, innovative information and an opportunity for live Q&A sessions.

**Professional conference exhibits:** AKF showcases its latest offerings in renal content and resources to professionals at national conferences throughout the year. AKF staff welcome the opportunity to network at the exhibit booth with professionals and industry partners.



### Advocacy

**Advocacy Network:** AKF works on Capitol Hill and in the states to advance legislation and public policy important to people with kidney disease and living organ donors. More than **20,000** AKF Ambassadors—passionate patients, caregivers, family members, living organ donors and renal professionals—work with AKF to make kidney disease a national priority.



Your donation goes further when you give to AKF

**97 CENTS OF EVERY DOLLAR DONATED**

to AKF goes to kidney patients and programs.

### Ways to give

Our lifesaving work is only possible thanks to contributions from generous individuals, foundations and corporations. Consider supporting AKF's efforts through a corporate sponsorship, by joining our KidneyNation fundraising community ([KidneyNation.org](http://KidneyNation.org)) or by making a generous personal donation.

[KidneyFund.org/donate](http://KidneyFund.org/donate)