Overview of Kidney Failure in Iowa

- **5,410** Iowans are living with kidney failure
- **2,970** Iowans are on dialysis
- **2,440** Iowans are living with a kidney transplant

**Leading Causes of Kidney Failure**
- **44%** of kidney failure cases caused by diabetes
- **29%** of kidney failure cases caused by high blood pressure

New cases of kidney failure diagnosed in Iowa in 2021 (most recent data available)
- **964**
  - Received a kidney transplant: **46**
  - Began dialysis: **918**

The total number of Iowans living with kidney failure has increased by **17%** since 2011.

Kidney Transplants in Iowa

- **552** Iowans are on the kidney transplant waiting list*
- **200** transplants performed in Iowa in 2023, a **1% decrease** from 2013

**Only about 1 in 3 Iowans on the kidney transplant waiting list received a transplant in 2023.**

- **62** living donor transplants performed in Iowa
- **138** deceased donor transplants performed in Iowa

Compared to 2011, there was a **48% increase** in living donor kidney transplants

*As of April 21, 2024
Sources: U.S. Renal Data System 2023 Annual Data Report, Organ Procurement and Transplantation Network; Centers for Disease Control and Prevention Behavioral Risk Factor Surveillance System
Health disparities in kidney failure

KIDNEY FAILURE HAS A DISPROPORTIONATE IMPACT ON PEOPLE OF COLOR. COMPARED TO WHITE AMERICANS, THE LIKELIHOOD OF DEVELOPING KIDNEY FAILURE IS:

- 4.3x greater for Black Americans
- 2.3x greater for American Indians
- 1.6x greater for Asian Americans
- 2.2x greater for people of Hispanic/Latino ethnicity than people of non-Hispanic/Latino ethnicity.

THE AMERICAN KIDNEY FUND (AKF) PROVIDES FINANCIAL ASSISTANCE TO:

1 out of 21
White Americans with kidney failure

1 out of 12
Black Americans with kidney failure

1 out of 10
Hispanic/Latino Americans with kidney failure

Why people with kidney failure need financial assistance from AKF:

Kidney failure is a disability. Dialysis is life support. Treating kidney failure and its comorbidities is more consuming than a full-time job: more than 80% of people on dialysis cannot work.

- 378 Iowans on dialysis and living with transplants received grants from AKF in 2023 to pay for their insurance premiums and other health care-related costs not covered by insurance.
- $1,645,756 in charitable assistance from AKF ensured that low-income Iowa dialysis and transplant patients could afford their lifesaving health care in 2023.

INSURANCE BREAKDOWN OF AMERICANS WHO RECEIVED CHARITABLE PREMIUM ASSISTANCE FROM AKF IN 2023

- Medicare Part B: 44.6%
- Medigap: 23.4%
- Employer group health plans (including COBRA): 17.2%
- Medicare Advantage: 1.4%