

# Kidney failure in Iowa: 2025

## Overview of kidney failure in Iowa

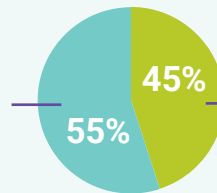
**5,431**

Iowans are living with  
kidney failure



**2,971**

Iowans  
are on dialysis



**2,460**

Iowans are living with a  
kidney transplant



### LEADING CAUSES OF KIDNEY FAILURE

Percentage of kidney failure cases caused  
by diabetes



**43%**

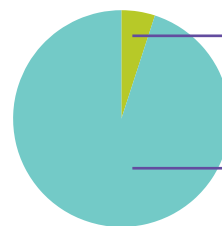
Percentage of kidney failure cases caused  
by high blood pressure



**30%**

**951**

New cases of kidney failure diagnosed  
in Iowa in 2022  
(most recent data available)



Received a kidney transplant: **60**

Began dialysis: **891**

The total number of Iowans living with kidney failure has increased by **16%** since 2012.

## Kidney transplants in Iowa



**ONLY ABOUT 1 IN 3 IOWANS ON THE KIDNEY  
TRANSPLANT WAITING LIST RECEIVED A  
TRANSPLANT IN 2024.**



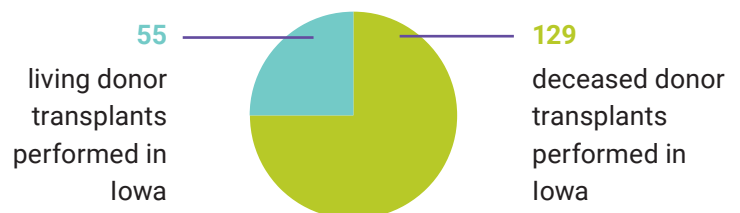
**536**

Iowans are on the kidney transplant  
waiting list\*



**184**

transplants performed in Iowa in 2024,  
a **7% decrease** from 2014



Compared to 2014, there was a  
**31% increase** in living donor kidney  
transplants

\*As of February 19, 2025

Sources: U.S. Renal Data System 2024 Annual Data Report, Organ Procurement and Transplantation Network; Centers for Disease Control and Prevention Behavioral Risk Factor Surveillance System

## Health disparities in kidney failure

KIDNEY FAILURE HAS A DISPROPORTIONATE IMPACT ON PEOPLE OF COLOR. COMPARED TO WHITE AMERICANS, THE LIKELIHOOD OF DEVELOPING KIDNEY FAILURE IS:

4.3x

greater for Black Americans

2.3x

greater for American Indians

1.6x

greater for Asian Americans

2.3x

greater for people of Hispanic/Latino ethnicity  
than people of non-Hispanic/Latino ethnicity.

THE AMERICAN KIDNEY FUND (AKF) PROVIDES FINANCIAL ASSISTANCE TO:

1 in 20

White Americans  
with kidney failure

1 in 13

Black Americans  
with kidney failure

1 in 10

Hispanic/Latino Americans  
with kidney failure

## Why people with kidney failure need financial assistance from AKF:

Kidney failure is a disability. Dialysis is life support. Treating kidney failure and its comorbidities is more consuming than a full-time job: more than **80%** of people on dialysis cannot work.



399

Iowans on dialysis and living with transplants received grants from AKF in 2024 to pay for their insurance premiums and other health care-related costs not covered by insurance.



\$1,507,634

in charitable assistance from AKF ensured that low-income Iowa dialysis and transplant patients could afford their lifesaving health care in 2024.



**INSURANCE  
BREAKDOWN OF  
AMERICANS WHO  
RECEIVED CHARITABLE  
PREMIUM ASSISTANCE  
FROM AKF IN 2024**

Medicare Part B: **25%**

Medicare Advantage: **0.6%**

Medigap: **27.3%**

Commercial Employer Group Plans (including COBRA): **20.1%**