

KIDNEY HEALTH COACH

Become a Kidney
Health Coach








The American Kidney Fund's free community health education program, **Kidney Health Coach (KHC)**, provides health professionals and lay audiences with the knowledge and tools to educate patients and the community about preventing and managing kidney disease.

KHC includes a 2-hour, self-paced online training course presented through a series of 4 modules:

- Module 1** Welcome and Kidney Basics
- Module 2** Chronic Kidney Disease Causes, Symptoms and Testing
- Module 3** Prevention and Treatment of Chronic Kidney Disease
- Module 4** Why this Matters and Next Steps

Available in
English and
Spanish

Continuing education credits are available for eligible health professionals:

-  **Certified Diabetes Care and Education Specialists**
(Association of Diabetes Care & Education Specialists)
-  **Certified Health Education Specialists/Master Certified Health Education Specialists** (National Commission for Health Education Credentialing)
-  **Nurses** (American Nurses Credentialing Center)
-  **Registered Dietitian Nutritionists**
(Commission on Dietetic Registration)
-  **Social Workers** (National Association of Social Workers)

Why Become a Coach?

- Learn more about kidney disease
- Help people at risk or living with kidney disease learn about managing their health and improving their overall quality of life
- Raise awareness about kidney disease and help people learn how to prevent it
- Serve as champion for preventing and inspiring people living with kidney disease

Benefits to Coaches

- Access to KHC tools and resources
- Guidance and support from dedicated AKF staff
- Connection and engagement with a network of other coaches doing similar work to spread awareness and educate people about kidney disease
- Continued learning and training opportunities through KHC Collaboratives—virtual events where coaches learn more about kidney related topics

[Become a Kidney Health Coach](#)

