The American Kidney Fund’s free community health education program, Kidney Health Coach (KHC), provides health professionals and lay audiences with the knowledge and tools to educate patients and the community about preventing and managing kidney disease.

KHC includes a 2-hour, self-paced online training course presented through a series of 4 modules:

- **Module 1** Welcome and Kidney Basics
- **Module 2** Chronic Kidney Disease Causes, Symptoms and Testing
- **Module 3** Prevention and Treatment of Chronic Kidney Disease
- **Module 4** Why this Matters and Next Steps

Continuing education credits are available for eligible health professionals:

- **Certified Diabetes Care and Education Specialists** (Association of Diabetes Care & Education Specialists)
- **Certified Health Education Specialists/Master Certified Health Education Specialists** (National Commission for Health Education Credentialing)
- **Nurses** (American Nurses Credentialing Center)
- **Physicians** (American Medical Association)
- **Registered Dietitian Nutritionists** (Commission on Dietetic Registration)
- **Certified Public Health Professionals** (National Board of Public Health Examiners)
- **Social Workers** (Association of Social Work Boards)
Why Become a Coach?

- Learn more about kidney disease
- Help people at risk or living with kidney disease learn about managing their health and improving their overall quality of life
- Raise awareness about kidney disease and help people learn how to prevent it
- Serve as champion for preventing and inspiring people living with kidney disease

Benefits to Coaches

- Access to KHC tools and resources
- Guidance and support from dedicated AKF staff
- Connection and engagement with a network of other coaches doing similar work to spread awareness and educate people about kidney disease
- Continued learning and training opportunities through KHC Collaboratives—virtual events where coaches learn more about kidney related topics