

KIDNEY HEALTH® COACH

[Become a
Kidney Health
Coach](#)



The American Kidney Fund's free community health education program, **Kidney Health Coach (KHC)** aims to prevent chronic kidney disease (CKD) and slow its progression to kidney failure. KHC trains and equips individuals with the knowledge and tools to engage their communities about CKD awareness and prevention through tailored education activities. Coaches deliver kidney health information through various methods and diverse settings within their local communities.

KHC includes a 2-hour, self-paced online training course presented through a series of 4 modules:

- Module 1** Welcome and Kidney Basics
- Module 2** Chronic Kidney Disease Causes, Symptoms and Testing
- Module 3** Prevention and Treatment of Chronic Kidney Disease
- Module 4** Why this Matters and Next Steps

Available in
English and
Spanish

Continuing education credits are available for:

-  **Certified Diabetes Care and Education Specialists**
(Association of Diabetes Care & Education Specialists)
-  **Certified Health Education Specialists/Master Certified Health Education Specialists** (National Commission for Health Education Credentialing)
-  **Nurses** (American Nurses Credentialing Center)
-  **Physicians** (American Medical Association)
-  **Certified Public Health Professionals** (National Board of Public Health Examiners)
-  **Registered Dietitian Nutritionists**
(Commission on Dietetic Registration)
-  **Social Workers** (National Association of Social Workers)

Why Become a Coach?

- Raise awareness of kidney disease and its risk factors
- Help people learn how to prevent kidney disease and kidney failure
- Encourage people to get tested and take steps to keep their kidneys healthy
- Inspire others by sharing your personal connection with kidney disease
- Build trusting relationships with people in your community

Benefits to Coaches

- Access to KHC tools and resources
- Guidance and support from dedicated AKF staff
- Connection and engagement with a network of coaches working to spread awareness and educate their communities about kidney disease
- Continued learning and training opportunities through KHC Collaboratives—virtual events where coaches learn more about kidney related topics

