

Kidney failure (ESRD) in Louisiana

2021

13,712

Louisiana residents

are living with end-stage renal disease (ESRD, or kidney failure). Without treatment-dialysis or a transplant-ESRD is fatal.

10,783 depend on dialysis to stay alive

2,929
have transplants

SOURCE: U.S. Renal Data System 2020 Annual Data Report

Only about 1 in 5 Louisianans on the waiting list got a kidney transplant in 2020.



1,786 are on the waiting list for a kidney transplant

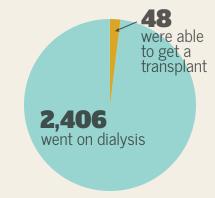
348 kidney transplants were performed in Louisiana in 2020

SOURCE: Organ Procurement and Transplantation Network

2,454

New cases of kidney failure

were diagnosed in Louisiana in 2018 (the most recent data available).



SOURCE: U.S. Renal Data System 2020 Annual Data Report

Louisianans are at risk for kidney disease

Leading causes of kidney failure



Diabetes



High blood pressure

LA AT RISK:

12.6%

diagnosed with diabetes

39.7%

have high blood pressure

35.9%

self-report obese

SOURCE: Centers for Disease Control and Prevention Behavioral Risk Factor Surveillance System

Why ESRD patients depend on charitable assistance

2,656 Louisiana residents

on dialysis and with transplants received grants from AKF in 2020 to pay for their insurance premiums, emergency pandemic-related costs and other health care-related costs not covered by insurance.

\$8.8 million

in charitable assistance from AKF ensured that low-income Louisiana dialysis and transplant patients could afford their lifesaving health care.

Most dialysis patients too sick to work



ESRD IS A DISABILITY

Dialysis is life support. Treating kidney failure and its comorbidities is more consuming than a full-time job: more than 80% of patients cannot work

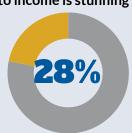
Most patients AKF helps are minorities



MINORITIES ARE MORE AFFECTED BY ESRD

Of the patients AKF helps, 34.7% are Black 20.9% Hispanic/Latino 5.2% Native American/ Asian/ Pacific Islander

Ratio of out-of-pocket to income is stunning



FINANCIAL HARDSHIP COMES WITH ESRD

Average income of patients AKF helps is < \$25,000, yet average out-of-pocket costs for dialysis patients is >\$10,000/yr

9th leading cause of death in the U.S.

American Kidney Fund

The facts about kidney disease

Kidneys are vital organs—just like the heart, lungs and liver. They clean the blood, help control blood pressure, help make red blood cells, and keep bones healthy.

- Chronic kidney disease is an increasingly common but usually preventable condition.

 More than 37 million Americans have kidney disease and millions more are at risk.
- According to the CDC, 9 out of 10 people with early kidney disease don't know they have it because it **usually has no symptoms until the late stages**. Simple blood and urine tests can tell how well the kidneys are working.
- Diabetes and high blood pressure are the **two leading causes of kidney disease**. Kidney disease can lead to heart attack, stroke, kidney failure and death.
- Nidney disease can be treated. If it's caught and treated early, it's often possible to slow or stop the progress of kidney disease.
- Desides diabetes and high blood pressure, other common risks for kidney disease include:
 - Having a family history of kidney disease
 - Being Black, Hispanic, Asian American or Native American
 - Being over 60
- Black Americans are **3.4 times more likely than whites** to develop kidney failure, and **Hispanics are 1.5 times more likely than non-Hispanics** to develop kidney failure.

Kidney disease is a silent killer



- There are more than **785,000 people with kidney failure** in the United States—an increase of more than **100% since 2000**.
 - About 555,000 are on dialysis and nearly 230,000 are living with kidney transplants.
 - Each month, almost 11,000 new cases of kidney failure are diagnosed.
- In 2018, Medicare spending for ESRD beneficiaries was \$49.2 billion—7.2% of Medicare costs—though ESRD patients make up less than 1% of the total Medicare population.
- A patient on hemodialysis costs Medicare more than \$93,000 per year.
- For each kidney disease patient who does not reach kidney failure, **Medicare saves an estimated \$250,000**.
- One third of people who were diagnosed with kidney failure in 2018 received little or no pre-ESRD care.

