

Kidney failure

IOWA: 2026

Overview of kidney failure in Iowa

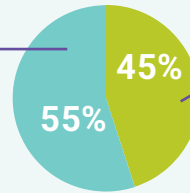
5,513

Iowans are living with kidney failure



3,030

Iowans are on dialysis



2,483

Iowans are living with a kidney transplant

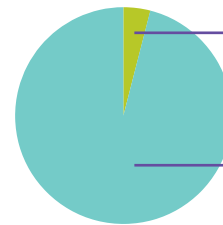


LEADING CAUSES OF CHRONIC KIDNEY DISEASE (CKD)

The leading cause of CKD is diabetes; other important common causes include high blood pressure, genetic diseases, glomerular diseases, and cystic diseases.”

897

New cases of kidney failure diagnosed in Iowa in 2023 (most recent data available)



Received a kidney transplant: **33**

Began dialysis: **864**

The total number of Iowans living with kidney failure has increased by **15%** since 2013.

Kidney transplants in Iowa



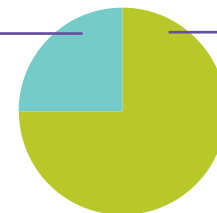
ONLY ABOUT 1 IN 4 IOWANS ON THE KIDNEY TRANSPLANT WAITING LIST RECEIVED A TRANSPLANT IN 2025.



560

Iowans are on the kidney transplant waiting list*

39
living donor transplants performed in Iowa

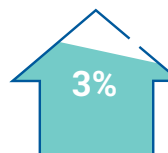


94
deceased donor transplants performed in Iowa



133

transplants performed in Iowa in 2025, a **22% decrease** from 2015



Compared to 2015, there was a **3% increase** in living donor kidney transplants

Health disparities in kidney failure

KIDNEY FAILURE HAS A DISPROPORTIONATE IMPACT ON PEOPLE OF COLOR. COMPARED TO WHITE AMERICANS, THE LIKELIHOOD OF DEVELOPING KIDNEY FAILURE IS:

4.3 x

greater for Black Americans

2.1 x

greater for American Indians/
Alaska Natives

1.9 x

greater for Asian Americans

2.3 x

greater for people of Hispanic/Latino ethnicity
than people of non-Hispanic/Latino ethnicity.

1 in 20

White Americans
with kidney failure

1 in 13

Black Americans
with kidney failure

1 in 10

Hispanic/Latino Americans
with kidney failure

Why people with kidney failure need financial assistance from AKF:

Kidney failure is a disability. Dialysis is life support. Treating kidney failure and its comorbidities is more consuming than a full-time job: more than **80%** of people on dialysis cannot work.

360



lowans on dialysis and living with transplants received grants from AKF in 2025 to pay for their insurance premiums and other health care-related costs not covered by insurance.

AKF ensured that low-income lowan dialysis and transplant patients could afford their lifesaving health care in 2025.

About the American Kidney Fund

The American Kidney Fund (AKF) fights kidney disease on all fronts as the nonprofit with the greatest direct impact on people with kidney disease. AKF works on behalf of the 1 in 7 American adults living with kidney disease, and the millions more at risk, with an unmatched scope of programs that support people wherever they are in their fight against kidney disease—from prevention through post-transplant living. AKF fights for kidney health for all through programs that address early detection, disease management, financial assistance, clinical research, innovation and advocacy.

For more information, please visit KidneyFund.org.