Overview of kidney failure in Vermont

LEADING CAUSES OF KIDNEY FAILURE
Percentage of kidney failure cases caused by diabetes
44%

Percentage of kidney failure cases caused by high blood pressure
29%

New cases of kidney failure diagnosed in Vermont in 2021
110
(most recent data available)

Received a kidney transplant: 0
Began dialysis: 110

The total number of Vermonters living with kidney failure has increased by 3% since 2011.

Kidney transplants in Vermont

79
Vermonters are on the kidney transplant waiting list*

12
transplants performed in Vermont in 2023, a 52% decrease from 2013

4
living donor transplants performed in Vermont

8
deoased donor transplants performed in Vermont

Compared to 2013, there was a 20% decrease in living donor kidney transplants

*As of April 21, 2024

Sources: U.S. Renal Data System 2023 Annual Data Report, Organ Procurement and Transplantation Network; Centers for Disease Control and Prevention Behavioral Risk Factor Surveillance System
Health disparities in kidney failure

**KIDNEY FAILURE HAS A DISPROPORTIONATE IMPACT ON PEOPLE OF COLOR. COMPARED TO WHITE AMERICANS, THE LIKELIHOOD OF DEVELOPING KIDNEY FAILURE IS:**

- 4.3x greater for Black Americans
- 2.3x greater for American Indians
- 1.6x greater for Asian Americans
- 2.2x greater for people of Hispanic/Latino ethnicity than people of non-Hispanic/Latino ethnicity.

**THE AMERICAN KIDNEY FUND (AKF) PROVIDES FINANCIAL ASSISTANCE TO:**

- 1 out of 21 White Americans with kidney failure
- 1 out of 12 Black Americans with kidney failure
- 1 out of 10 Hispanic/Latino Americans with kidney failure

Why people with kidney failure need financial assistance from AKF:

Kidney failure is a disability. Dialysis is life support. Treating kidney failure and its comorbidities is more consuming than a full-time job: more than 80% of people on dialysis cannot work.

- 36 Vermonters on dialysis and living with transplants received grants from AKF in 2023 to pay for their insurance premiums and other health care-related costs not covered by insurance.
- $123,060 in charitable assistance from AKF ensured that low-income Vermont dialysis and transplant patients could afford their lifesaving health care in 2023.

**INSURANCE BREAKDOWN OF AMERICANS WHO RECEIVED CHARITABLE PREMIUM ASSISTANCE FROM AKF IN 2023**

- Medicare Part B: 44.6%
- Medigap: 23.4%
- Employer group health plans (including COBRA): 17.2%
- Medicare Advantage: 1.4%