# PROGRAMS & SERVICES

of the American Kidney Fund

The American Kidney Fund (AKF) fights kidney disease on all fronts, from prevention through post-transplant living.

Through our programs of prevention, early detection, financial support, disease management, clinical research, innovation and advocacy, **no kidney organization impacts more lives than AKF.** 

An estimated

Americans are living with kidney disease.

1 IN 3

U.S. adults is at risk for the disease.

#### **DIRECT FINANCIAL ASSISTANCE**



MORE THAN 700,000 people are living on dialysis or with a kidney transplant in the U.S.

**Health Insurance Premium Program:** Lifesaving financial assistance program that keeps low-income dialysis and transplant patients insured through grants for health insurance premiums.



**Safety Net Program:** Provides small grants to low-income dialysis patients to assist with transportation to treatment, medications, copays and other needs.

**Disaster Relief Program:** A rapid-response program that provides emergency grants to dialysis patients when catastrophic events such as floods, hurricanes, wildfires and other natural disasters threaten their health. Grants are used for transportation, temporary housing, food, medications and replacing personal essentials.



**ONE OUT OF EVERY 6** kidney failure patients cannot afford the cost of care, and AKF is there for them, providing lifesaving treatment-related financial assistance.

# PREVENTION AND EARLY DETECTION

Know Your Kidneys™ national screening program:
The largest free kidney health screening initiative in the country, Know Your Kidneys reaches thousands of Americans each year in communities at high risk for kidney disease. The program screens for common risk factors of kidney disease and educates individuals on the importance of prevention and early detection.

**Kidney Action Day:** AKF's signature community outreach event, held in cities where rates of kidney disease are higher than the national average. These free, fun-filled, family-friendly events feature free kidney health screenings, health counseling, healthy cooking demos, fitness activities, entertainment and more.



of people with early stage kidney disease do not know they have it. Kidney disease can be detected through simple blood and urine tests.



#### PUBLIC EDUCATION AND DISEASE MANAGEMENT RESOURCES

**KidneyFund.org:** Award-winning website that provides accurate, up-to-date and straightforward information on conditions and diseases affecting the kidneys, along with detailed information about dialysis, transplant, the kidney diet (KidneyFund.org/kitchen) and more.

Webinars: Free monthly webinars led by experts who provide information and practical advice on a variety of topics important to kidney patients. Webinars are suited for people living with kidney disease, their loved ones and professionals who care for kidney patients.

healthy lifestyle. Kidney Health Coaches are passionate about preventing kidney disease and AKF provides the training, tools and support they need.

Health education campaigns: AKF develops multifaceted health campaigns targeting kidney patients, their caregivers and the public to raise awareness about kidney disease, its treatments, prevention and associated conditions, ultimately driving positive behavior change.

Kidney Health Coach: A free community health

education program that activates people interested

in educating others about kidney disease and living a



## **PROFESSIONAL EDUCATION AND RESEARCH**

Clinical Scientist in Nephrology (CSN): Research fellowships designed to improve the quality of care provided to kidney patients and promote clinical research in nephrology. CSN fellows conduct prevention and outcomes research while receiving advanced training in essential skills such as medical ethics, biostatistics and epidemiology.

Continuing education: Selection of free online courses that meet continuing education requirements for professionals caring for patients with, or at risk for, kidney disease.



There is no cure for kidney disease. Once the kidneys fail, a person needs to start **DIALYSIS** or have a **KIDNEY** TRANSPLANT to LIVE.

### **ADVOCACY**

Advocacy Network: AKF works on Capitol Hill and in the states to advance legislation and regulations that are important to people affected by kidney disease. More than 15,000 AKF Ambassadors—patients, caregivers, family members and renal professionals—are working with us to make kidney disease a national priority.

YOUR DONATION GOES FURTHER WHEN YOU GIVE TO AKE.

97 CENTS OF EVERY **DOLLAR DONATED TO AKF** goes to kidney patients and programs.













#### **WAYS TO GIVE**

Our lifesaving work is only possible thanks to contributions from generous individuals, foundations and corporations. Consider assisting AKF's efforts through a corporate sponsorship, by joining our KidneyNation fundraising community (KidneyNation.org) or by making a generous personal donation.