

## APOL1 Mediated Kidney Disease (AMKD)

APOL1-Mediated Kidney Disease (AMKD) is a spectrum of kidney diseases associated with mutations in the apolipoprotein L1 (APOL1) gene that is linked to an increased risk for rapidly progressing kidney disease in people of Western and Central African descent, this can include people who identify as Black, African American, Afro-Caribbean, and/or Latina/Latino

### AMKD Awareness Day is April 29, 2025 – Be APOL1 Aware

Being APOL1 aware means knowing how your genes impact your kidney health. By educating yourself and your community, you can help people take proactive steps in managing their health and preventing kidney disease.

Educate and empower your community by spreading the word about AMKD. We've created a set of resources for you to share with your community, including an informative PowerPoint presentation (available in English and Spanish), videos, printable factsheets, and a social media toolkit to share important information and raise awareness.

### AMKD Resources for Kidney Health Coaches (KHC)

- **AMKD PowerPoint presentation:** The AMKD presentation covers key topics, including risk factors, genetic testing, steps to prevent kidney disease if you have APOL1 gene mutations and additional resources. Download and use the presentation to support your education efforts and raise awareness in your community.
  - [PowerPoint presentation \(English\)](#)
  - [PowerPoint presentation \(Spanish\)](#)
- **AMKD downloadable resource guide:** Download, print and share this information about AMKD and how to stay healthy if you have the APOL1 gene mutation or AMKD.
- **AMKD infographic:** Download, print and share this infographic about AMKD
- **Videos:**
  - [Animated AMKD explainer video](#)
  - [KHC Collaborative on AMKD:](#) Dr. Silas Norman provides an overview of AMKD and its association with chronic kidney disease (CKD).

### AMKD webinar and guide for healthcare professionals

- [Webinar | APOL1-mediated kidney disease: Overview and Implications for Care](#)
- [Guide | APOL1-mediated kidney disease \(AMKD\): Overview and implications for care](#)



Visit [kidneyfund.org/apol1aware](https://www.kidneyfund.org/apol1aware) to learn more about AMKD and be APOL1 aware.