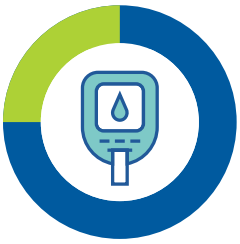
# QUICK FACTS

## About kidney disease

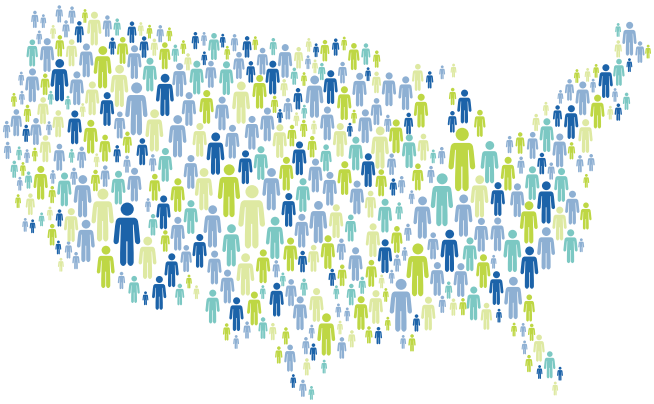
American Kidney Fund®
FIGHTING ON ALL FRONTS



**Diabetes and high blood pressure** account for **3 out of 4** of all new cases of kidney disease.

**9 out of 10**

people who have kidney disease **do not even know that they have it**



**37 million Americans** are living with kidney disease

There are often **no early symptoms** of kidney disease.

## Did You Know?

The only way to know if you have kidney disease **is through a urine and blood test.**

**&**

Kidney disease can **increase your risk for heart disease.**

There is **no cure for chronic kidney disease.**

**Healthy eating, physical activity, limiting alcohol and avoiding tobacco products** can prevent kidney disease from getting worse.